

YOSEMITE UNIFIED SCHOOL DISTRICT

COARSEGOLD and RIVERGOLD ELEMENTARY SCHOOLS



October 2010 Breakfast and Lunch Menus



Monday		Tuesday		Wednesday		Thursday		Friday																																																																																																							
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<p><i>4</i></p> <p>Breakfast: Cold Cereal / Cinnamon Swirl Cake / Fruit / Milk</p> <p>Lunch: Chicken Nuggets, French Fries, Fruit, Milk</p>		<p><i>5</i></p> <p>Breakfast: Scrambled Eggs / Hash Browns / Toast / Milk</p> <p>Lunch: Crispy Chicken Sandwich, French Fries, Fruit, Milk</p>		<p><i>6</i></p> <p>Breakfast: Honey Wheat Breakfast Bar / Ham / Fruit / Milk</p> <p>Lunch: Pasta with Meat Sauce, Vegetable, Roll, Fruit, Milk</p>		<p><i>7</i></p> <p>Breakfast: Cinnamon Roll / Sausage / Fruit / Milk</p> <p>Lunch: Cheese or Pepperoni Pizza, Salad, Fruit, Milk</p>		<p><i>8</i></p> <p>Breakfast: Biscuits & Gravy / Fruit / Milk</p> <p>Lunch: Sub Sandwich, Baked Chips, Veggies, Fruit, Milk</p>																																																																																																							
<p><i>11</i></p> <p>Breakfast: Cold Cereal / Cinnamon Swirl Cake / Fruit / Milk</p> <p>Lunch: Corn Dog, Fries, Veggies, Fruit, Milk</p>		<p><i>12</i></p> <p>Breakfast: Scrambled Eggs / Hash Browns / Toast / Milk</p> <p>Lunch: Hamburger, Fries, Veggies, Fruit, Milk</p>		<p><i>13</i></p> <p>Breakfast: French Toast / Ham / Fruit / Milk</p> <p>Lunch: Bean & Cheese Burrito, Corn, Fruit, Milk</p>		<p><i>14</i></p> <p>Breakfast: Cinnamon Roll / Sausage / Fruit / Milk</p> <p>Lunch: Crispy Chicken Sandwich, French Fries, Fruit, Milk</p>		<p><i>15</i></p> <p>Breakfast: Biscuits & Gravy / Fruit / Milk</p> <p>Lunch: Cheese or Pepperoni Pizza, Salad, Fruit, Milk</p>																																																																																																							
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<p><i>Fall Break</i></p>																																																																																																															
<p><i>25</i></p> <p>Breakfast: Cold Cereal / Cinnamon Swirl Cake / Fruit / Milk</p> <p>Lunch: Corn Dog, Fries, Veggies, Fruit, Milk</p>		<p><i>26</i></p> <p>Breakfast: Scrambled Eggs / Hash Browns / Toast / Milk</p> <p>Lunch: McRib Sandwich, Fries, Veggies, Fruit, Milk</p>		<p><i>27</i></p> <p>Breakfast: French Toast / Ham / Fruit / Milk</p> <p>Lunch: Teriyaki Chicken Rice Bowl, Veggies, Fruit, Milk</p>		<p><i>28</i></p> <p>Breakfast: Cinnamon Roll / Sausage / Fruit / Milk</p> <p>Lunch: Crispy Chicken Sandwich, French Fries, Fruit, Milk</p>		<p><i>29</i></p> <p>Breakfast: Biscuits & Gravy / Fruit / Milk</p> <p>Lunch: Cheese or Pepperoni Pizza, Salad, Fruit, Milk</p>																																																																																																							

Meal Prices - Breakfast \$1.50, Reduced \$.30; Lunch - \$3.00, Reduced \$0.40

We strive to provide delicious and nutritious meals for our students.

"This institution is an equal opportunity provider."