

# YOSEMITE UNIFIED SCHOOL DISTRICT

## COARSEGOLD and RIVERGOLD ELEMENTARY SCHOOLS

### August 2010 Breakfast and Lunch Menus

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday   |    |    |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
|---|---|---|---|--|----|----|--|--|--|--|---|---|---|---|---|---|---|--|--|--|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--|---|----------|--|--|--|--|--|--|---|---|---|---|---|---|---|--|--|--|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--|--|
| <b>2</b><br>                                     | <b>3</b> <b>4</b> <b>5</b><br><h2 style="margin: 0;">Welcome Back!</h2>   |   |   | <b>6</b><br>                                |    |    |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| <b>9</b>  | <b>10</b>   | <b>11</b>   | <b>12</b>   | <b>13</b>  |    |    |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| <b>16</b><br>Breakfast: Cold Cereal / Cinnamon Swirl Cake / Fruit / Milk<br><br>Lunch: Corn Dog, Fries, Veggies, Fruit, Milk      | <b>17</b><br>Breakfast: Scrambled Eggs / Hash Browns / Toast / Milk<br><br>Lunch: Hamburger, Fries, Veggies, Fruit, Milk      | <b>18</b><br>Breakfast: French Toast / Ham / Fruit / Milk<br><br>Lunch: Beef & Bean Burrito, Corn, Fruit, Milk  | <b>19</b><br>Breakfast: Cinnamon Roll / Sausage / Fruit / Milk<br><br>Lunch: Crispy Chicken Sandwich, French Fries, Fruit, Milk | <b>20</b><br>Breakfast: Biscuits & Gravy / Fruit / Milk<br><br>Lunch: Cheese or Pepperoni Pizza, Salad, Fruit, Milk            |    |    |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| <b>23</b><br>Breakfast: Cold Cereal / Cinnamon Swirl Cake / Fruit / Milk<br><br>Lunch: Chicken Nuggets, French Fries, Fruit, Milk | <b>24</b><br>Breakfast: Scrambled Eggs / Hash Browns / Toast / Milk<br><br>Lunch: McRib Sandwich, Fries, Veggies, Fruit, Milk | <b>25</b><br>Breakfast: Honey Wheat Breakfast Bar / Ham / Fruit / Milk<br><br>Lunch: Tostado Beef Bowl, Refried Beans, Fruit, Milk  | <b>26</b><br>Breakfast: Cinnamon Roll / Sausage / Fruit / Milk<br><br>Lunch: Cheese or Pepperoni Pizza, Salad, Fruit, Milk      | <b>27</b><br>Breakfast: Biscuits & Gravy / Fruit / Milk<br><br>Lunch: Ham & Cheese Sandwich, Baked Chips, Veggies, Fruit, Milk |    |    |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| <b>30</b><br>Breakfast: Cold Cereal / Cinnamon Swirl Cake / Fruit / Milk<br><br>Lunch: Corn Dog, Fries, Veggies, Fruit, Milk      | <b>31</b><br>Breakfast: Scrambled Eggs / Hash Browns / Toast / Milk<br><br>Lunch: Hamburger, Fries, Veggies, Fruit, Milk      | <table border="1" style="margin: 0 auto; border-collapse: collapse;"> <thead> <tr> <th colspan="7" style="text-align: center;">Jul 2010</th> </tr> <tr> <th style="text-align: center;">M</th> <th style="text-align: center;">T</th> <th style="text-align: center;">W</th> <th style="text-align: center;">T</th> <th style="text-align: center;">F</th> <th style="text-align: center;">S</th> <th style="text-align: center;">S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td style="text-align: center;">1</td><td style="text-align: center;">2</td><td style="text-align: center;">3</td><td style="text-align: center;">4</td> </tr> <tr> <td style="text-align: center;">5</td><td style="text-align: center;">6</td><td style="text-align: center;">7</td><td style="text-align: center;">8</td><td style="text-align: center;">9</td><td style="text-align: center;">10</td><td style="text-align: center;">11</td> </tr> <tr> <td style="text-align: center;">12</td><td style="text-align: center;">13</td><td style="text-align: center;">14</td><td style="text-align: center;">15</td><td style="text-align: center;">16</td><td style="text-align: center;">17</td><td style="text-align: center;">18</td> </tr> <tr> <td style="text-align: center;">19</td><td style="text-align: center;">20</td><td style="text-align: center;">21</td><td style="text-align: center;">22</td><td style="text-align: center;">23</td><td style="text-align: center;">24</td><td style="text-align: center;">25</td> </tr> <tr> <td style="text-align: center;">26</td><td style="text-align: center;">27</td><td style="text-align: center;">28</td><td style="text-align: center;">29</td><td style="text-align: center;">30</td><td style="text-align: center;">31</td><td></td> </tr> </tbody> </table> |   | Jul 2010   |    |    |  |  |  |  | M | T | W | T | F | S | S |  |  |  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 |  | <table border="1" style="margin: 0 auto; border-collapse: collapse;"> <thead> <tr> <th colspan="7" style="text-align: center;">Sep 2010</th> </tr> <tr> <th style="text-align: center;">M</th> <th style="text-align: center;">T</th> <th style="text-align: center;">W</th> <th style="text-align: center;">T</th> <th style="text-align: center;">F</th> <th style="text-align: center;">S</th> <th style="text-align: center;">S</th> </tr> </thead> <tbody> <tr> <td></td><td></td><td></td><td style="text-align: center;">1</td><td style="text-align: center;">2</td><td style="text-align: center;">3</td><td style="text-align: center;">4</td> </tr> <tr> <td style="text-align: center;">5</td><td style="text-align: center;">6</td><td style="text-align: center;">7</td><td style="text-align: center;">8</td><td style="text-align: center;">9</td><td style="text-align: center;">10</td><td style="text-align: center;">11</td> </tr> <tr> <td style="text-align: center;">12</td><td style="text-align: center;">13</td><td style="text-align: center;">14</td><td style="text-align: center;">15</td><td style="text-align: center;">16</td><td style="text-align: center;">17</td><td style="text-align: center;">18</td> </tr> <tr> <td style="text-align: center;">19</td><td style="text-align: center;">20</td><td style="text-align: center;">21</td><td style="text-align: center;">22</td><td style="text-align: center;">23</td><td style="text-align: center;">24</td><td style="text-align: center;">25</td> </tr> <tr> <td style="text-align: center;">26</td><td style="text-align: center;">27</td><td style="text-align: center;">28</td><td style="text-align: center;">29</td><td style="text-align: center;">30</td><td></td><td></td> </tr> </tbody> </table> | Sep 2010 |  |  |  |  |  |  | M | T | W | T | F | S | S |  |  |  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |  |  |
| Jul 2010  |   |   |   |  |    |    |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| M   | T   | W   | T   | F  | S  | S  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
|   |   |   | 1   | 2  | 3  | 4  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| 5   | 6   | 7   | 8   | 9  | 10 | 11 |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| 12  | 13  | 14  | 15  | 16   | 17 | 18 |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| 19  | 20  | 21  | 22  | 23   | 24 | 25 |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| 26  | 27  | 28  | 29  | 30   | 31 |    |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
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| M   | T   | W   | T   | F  | S  | S  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
|   |   |   | 1   | 2  | 3  | 4  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| 5   | 6   | 7   | 8   | 9  | 10 | 11 |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| 12  | 13  | 14  | 15  | 16   | 17 | 18 |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| 19  | 20  | 21  | 22  | 23   | 24 | 25 |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |
| 26  | 27  | 28  | 29  | 30   |    |    |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |   |          |  |  |  |  |  |  |   |   |   |   |   |   |   |  |  |  |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |  |  |

We strive to provide delicious and nutritious meals for our students.

*"This institution is an equal opportunity provider."*